



Laser Eye Centers®

LASIK - Pre Procedure Care



Pre Procedure

- ❖ Please discontinue contact lenses on _____.
- ❖ Please fill the prescriptions for the eye drops and bring them with you to the office the day of surgery.
- ❖ Please use an antibacterial soap for facial wash beginning two days prior to your procedure.

MURO: Ointment. To prevent dry spots on the cornea. **Please use at bedtime starting one week prior to the surgery. Place ointment INSIDE of lower lid prior to bedtime.**

ZYMAR: Antibiotic. To prevent infection. Please fill the prescription for the eye drop and **begin using one day before the surgery. Apply one drop four times per day. You will use this drop after the surgery as well.**

XIBROM: Anti-inflammatory. To prevent swelling. **Please fill the prescription for the eye drop and begin using one day before the surgery. Apply one drop two times per day. You will use this drop after the surgery as well.**

REFRESH PLUS: Lubricant. To moisturize your eyes for less dryness. **Please purchase and use one week before the surgery. You may be given a sample to use. Apply one drop at least four times per day. You will use these types of drops after the surgery as well. To be used even if your eyes do not feel dry.**

RESTASIS: Your doctor may have prescribed Restasis. Use one drop two times per day. DO NOT use the morning of surgery; discontinue for 48 hours after your procedure then resume. If you have dry eye syndrome, you may be on this for several months.

- ❖ Wear warm, comfortable clothing, as the laser suite is kept at a slightly cool temperature.
- ❖ Do not wear any jewelry from the neck up.
- ❖ Carefully remove **ALL** make-up prior to your arrival.
- ❖ **Avoid all colognes/perfumes or fragrant lotions, and do not use any hairspray. These can all affect the laser optics and functioning.**
- ❖ Please limit food and beverage to a light snack at least 1 hour prior to the procedure. Alcohol and medications, which may produce drowsiness, should be avoided as well as caffeine.
- ❖ Please bring your Consent Package with you the day of the procedure. Your consent forms will answer many of the questions you may have about the procedure, and your surgeon will be able to answer any additional questions on the day of surgery.
- ❖ Please arrange to have someone drive you home on the day of your procedure.
- ❖ Please follow the above guidelines. Otherwise, your exam and/or surgery will need to be rescheduled.