

CORNEAL CROSS-LINKING: PRE-PROCEDURE CARE

1-WEEK BEFORE PROCEDURE



Systane Ultra or **Refresh Preservative-Free Vial Tears**: **1 drop at least 4 times per day**, or more. (i.e., breakfast, lunch, dinner, bedtime). Over the counter.

1-DAY BEFORE PROCEDURE



Zymaxid (Gatifloxacin): Antibiotic. Tan Cap. **1 drop 4 times per day**. Prescription only.



Neurontin (Gabapentin): Take **1 capsule orally, the night before procedure** and **1 capsule prior to arrival** on day of procedure, to decrease discomfort. Prescription only.



Acular LS (Ketorolac): Anti-inflammatory (gray cap). **1 drop 2 times per day**. Prescription only.

DAY OF PROCEDURE

DO'S AND DON'T'S

- **No** perfumes, colognes, and fragrant lotions. Deodorant is fine.
- **No** makeup (i.e., foundation, concealer, mascara, eyeshadow, or eyeliner...etc.)
- Eat a light meal prior to arrival. Avoid caffeine **1 hour** prior to arrival.
- Avoid alcohol and medications that may cause drowsiness.
- Wear comfortable clothing. The laser suite is kept at a cooler temperature.
- Arrange for someone to drive you home on the day of the procedure.

Any Questions? Call Holzman Laser Vision at 855-995-2745

CORNEAL CROSS-LINKING: PRE-PROCEDURE CARE

(WAIT 1 MINUTE IN BETWEEN DROPS)



1 WEEK PRIOR	7 Days Prior _/_	6 Days Prior _/_	5 Days Prior _/_	4 Days Prior _/_	3 Days Prior _/_	2 Days Prior _/_	1 Day Prior _/_	Surgery Day! (Prior to arrival)
Systane/Refresh Preservative-free vials	○ ○ ○ ○ 4 times per day	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○ ○ ○ ○	○
Zymaxid (Gatifloxacin) TAN CAP	Start the day prior to procedure 4 times per day						○ ○ ○ ○	○
Neurontin (Gabapentin)	Start the day prior to procedure at bedtime						○	○
Acular LS (Ketorolac) GRAY CAP	Start the day prior to procedure 2 times per day						○ ○	○

If any other medications have been prescribed, use them as directed.
Check to ensure you have everything before your procedure. If not, call the office.

Any Questions? Call Holzman Laser Vision at 855-995-2745