

LASIK: PRE-PROCEDURE CARE

1-WEEK BEFORE PROCEDURE



Systane Ultra or **Refresh Preservative-Free Vial Tears**: **1 drop** *at least 4 times per day*, or more. (i.e., breakfast, lunch, dinner, bedtime).
Over the counter

IF PRESCRIBED:



Eysuvis: Start _____ to prep the ocular surface.
1 drop 4 times per day. (i.e., breakfast, lunch, dinner, bedtime). **DO NOT use the morning of surgery**. Prescription only



Restasis/Cequa/Xiidra: Start _____ to help tear production.
1 drop 2 times per day. **DO NOT use the morning of surgery**. Will be used for at least 3 months after surgery. Prescription only



Muro 128 Ointment: Start _____ to add strength to the cornea.
Pea-sized amount inside each lower lid at bedtime. Over the counter, generic is okay.

1-DAY BEFORE PROCEDURE



Zymaxid (Gatifloxacin): Antibiotic. Tan Cap. **1 drop 4 times per day**.
Prescription only

DAY OF PROCEDURE

DO'S AND DON'T'S

- **No** perfumes, colognes, and fragrant lotions. Deodorant is fine.
- **No** makeup (i.e., foundation, concealer, mascara, eyeshadow, or eyeliner...etc.)
- Eat a light meal prior to arrival. Avoid caffeine **1 hour** prior to arrival.
- Avoid alcohol and medications that may cause drowsiness.
- Wear comfortable clothing. The laser suite is kept at a cooler temperature.
- Arrange for someone to drive you home on the day of the procedure.

Any Questions? Call Holzman Laser Vision at 855-995-2745

LASIK: PRE-PROCEDURE CARE (WAIT 1 MINUTE IN BETWEEN DROPS)



| 1 WEEK PRIOR | 7 Days Prior __/__/__ | 6 Days Prior __/__/__ | 5 Days Prior __/__/__ | 4 Days Prior __/__/__ | 3 Days Prior __/__/__ | 2 Days Prior __/__/__ | 1 Day Prior __/__/__ | Surgery Day! (Prior to arrival) |
|---|--------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-------------------------|------------------------------------|
| Systane or Refresh Preservative-free vials | ○ ○ ○ ○ 4 times per day | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ |
| Zymaxid (Gatifloxacin) TAN CAP | Start the day prior to surgery | | | | | | ○ ○ ○ ○ | ○ ○ |

IF PRESCRIBED: (WAIT 1 MINUTE IN BETWEEN DROPS)

| 1 WEEK PRIOR | 7 Days Prior __/__/__ | 6 Days Prior __/__/__ | 5 Days Prior __/__/__ | 4 Days Prior __/__/__ | 3 Days Prior __/__/__ | 2 Days Prior __/__/__ | 1 Day Prior __/__/__ | Surgery Day! (Prior to arrival) |
|---|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-------------------------|------------------------------------|
| Eysuvis (if Prescribed) | ○ ○ ○ ○ 4 times per day | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | ○ ○ ○ ○ | DO NOT USE |
| Restasis/ Cequa/ Xiidra (if Prescribed) | ○ ○ 2 times per day | ○ ○ | ○ ○ | ○ ○ | ○ ○ | ○ ○ | ○ ○ | DO NOT USE |
| Muro 128 Ointment (if Prescribed) | Pea-sized amount inside each lower lid at bedtime | | | | | | | DO NOT USE |
| | | | | | | | | |

If any other medications have been prescribed, use them as directed.
Check to ensure you have everything before your procedure. If not, call the office.

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